



Maternal Newborn Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include pregnancy and birth risk factors, along with complications. It includes maternal and newborn assessment, management and education, along with complications during the postpartum and neonatal periods.

Key Learning Outcome

- After completing the program, 80% of participants will report an increase in knowledge and confidence necessary to pass the certification exam.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

Understanding the NCC Exam

Content of Exam | Test-Taking Tips

Maternal Health Status

Antepartum Risk Factors and Complications

Fetal Assessment in Pregnancy

Fetal Ultrasound | NST | BPP | Lung Maturation | Prenatal Assessment for Aneuploidy

Intrapartum Factors

Fetal Monitoring | Cord Gas Evaluation | Labor Medications | Labor Complications | Delivery Methods

Maternal Assessment and Management in the Postpartum Period

Physiological Changes and Comprehensive Assessments | Maternal Education | Maternal Complications | Lactation and Newborn Feeding | Maternal Attachment Process

Day 2, 8:00 am to 3:00 pm

Newborn Assessment and Management

Transition to Extrauterine Life | Thermoregulation | Gestational Age Assessment | Neurobehavioral and Sensory Assessment

Complications of the Newborn: Stabilization and Recognition

Cardiac | Respiratory | Gastrointestinal | Musculoskeletal | ENT | Blood Disorders | Neuro | Genitourinary | Infectious Disease | Endocrine, Metabolic and Genetic Disorders | Substance Abuse Neonate

Aspects of Professional Practice

Practice Questions and Review

Accreditation

RN/LPN/LVN/Other: 12 Contact Hours
Includes 0.5 Pharmacology Contact Hours

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MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask

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